

Our parish's Stephen Ministry equips lay people to provide confidential, one-to-one Christian care to individuals in our parish and community who are experiencing difficulties in their lives.

## Stephen Leaders are...

These trained leaders in our parish are those who oversee and direct our Stephen Ministry program.

*Judy Rossman  
Bernie Brown  
Betty Noonan  
Dan Auge*

Stephen Ministry is a confidential ministry: The identity of those receiving care and what takes place in each caring relationship remains private.

If you - or someone you know - could benefit from the care of a Stephen Minister...

If you are interested in possibly becoming a Stephen Minister...

If you have any other questions about Stephen Ministry...

...talk with one of our Stephen Leaders.

To Learn more about  
Stephen Ministry  
at Santa Catalina, contact

Judy Rossman, 520-825-9611, ext. 104 or  
[CareMinistry@santacatalinaparish.org](mailto:CareMinistry@santacatalinaparish.org).

Or stop by the Pastoral Center to get  
more information.

Santa Catalina Catholic Church  
14380 N. Oracle Road  
Tucson, Arizona 85739

[www.santacatalinaparish.org](http://www.santacatalinaparish.org)

For more information about the  
Stephen Ministry Program  
visit their website,  
<http://www.stephenministries.org/>



## What is Stephen Ministry?

Stephen Ministry is grounded in Jesus' command to love one another. Through one-to-one caring relationships, those who are hurting receive the love and care they need to support them.

Is life more than you can handle alone right now?

Are your health, your attitude, or your relationships suffering?

Are you adjusting to a new job, a change in marital status, a serious illness, the death of a loved one, a recent move?

Would you like to have someone in your life who really cares?

Everyone goes through difficult times. Having someone to care, to listen, to share God's love with you can help you get through the confusion, stress, or loneliness you may be experiencing.

### Stephen Ministers Are Called to Be Caregivers

Carry each other's burdens, and in this way you will fulfill the law of Christ.

Galatians 6:2

Encourage the timid, help the weak, be patient with everyone.

1 Thessalonians 5:14b

### *God Is the Caregiver*

Cast your cares on the LORD and he will sustain you.

Psalms 55:22a

"Come to me, all you who are weary and burdened, and I will give you rest."

Matthew 11:28

### How does the referrals process work?

A person—either you, a relative, or a friend—is hurting and in need of Christian care.

The Stephen Ministry Referrals Coordinator learns about this need for care—from the pastor, the person, or a friend, always with the person's permission.

The Referrals Coordinator meets with the person to talk about Stephen Ministry.

With the person's permission, the Referrals Coordinator assigns a Stephen Minister to meet on a weekly basis with the person.

The Stephen Minister continues to provide distinctively Christian care for the person in strict confidentiality.

## What is a Stephen Minister?

### A Stephen Minister is ...

- a child of God who walks beside a hurting person;
- a caring Christian friend who really listens;
- a lay person who has received 50 hours of training in how to provide distinctively Christian care.

### A Stephen Minister is NOT ...

- a counselor or therapist;
- a problem-solver;
- a casual visitor.

### Stephen Ministry helps meet the needs of individuals who are ...

- hospitalized;
- terminally ill;
- bereaved;
- in a job crisis;
- new members of the church;
- disabled;
- homebound;
- lonely;
- in a spiritual crisis; or
- looking for a caring Christian friend.



Consider allowing a Stephen Minister to walk with you on your journey to wholeness.